



# menu

[veganexpress.co.uk](http://veganexpress.co.uk)

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# lunch

## **Soup**

Soup of the day with whole meal bread 6.50

## **Salads**

Quinoa, avocado, green beans and spinach with a lemon & olive oil dressing 9.50

Raw butternut squash, sweet potato & beetroot noodle salad with a lime and basil dressing 9.50

Raw marinated chestnut mushrooms, crushed walnuts, and avocado, served with lime and fresh leaves 9.50

## **Patties**

*All patties are served with triple cooked chips or roasted seasonal vegetables*

Leek, spinach, and potato with cashew cheese 10.50

Butternut squash, cauliflower, chickpea with tomato & basil seaweed pesto 10.50

## **Burgers**

*(Served with triple cooked chips)*

Black bean and broccoli burger 12.50

Quinoa and brown lentil burger 12.50

## **Tofish and chips**

Tofu marinated with seaweed, served with triple cooked chips, mushy peas and our homemade silken tofu tartar sauce 13.50

## **Buckwheat waffles**

*With a sweet or savory topping*

Grilled marinated tofu, grilled vegetables and guacamole 10.50

Fresh strawberries, soy ice cream and chocolate sauce 7.50



10% service charge will be added to your bill



# pizzas

<b>Simply Margherita</b>	10.50
Our own amazing tomato sauce, vegan mozzarella and fresh basil	
<b>Artichoke and spinach</b>	11.00
Tomato sauce, vegan mozzarella, spinach, chestnut-mushrooms, artichokes, red peppers and tomatoes	
<b>Garden</b>	11.50
Tomato sauce, vegan mozzarella, red peppers, courgette, asparagus, cherry tomatoes and rocket	
<b>Green Express</b>	12.00
Spinach & asparagus cheese sauce, broccoli & cauliflower florets and shaved fennel	
<b>Seitan salami</b>	13.00
Tomato sauce, seitan salami, roasted red peppers, chili rocket, topped with cashew mozzarella	
<b>Rosso</b>	13.00
Tomato sauce, vegan mozzarella, caramelised red onions, sun-blushed tomato pesto and oven charred red peppers, topped with tofu cottage cheese	
<b>Cashew Ricotta</b>	13.00
White cheese sauce, artichokes, roasted aubergine cubes, spinach, roasted red peppers and sun-blushed tomatoes	
<b>Mushroom white sauce</b>	12.50
White cheese sauce, spinach, artichokes, smoked garlic, mushrooms and almond flakes	
<b>Butternut Rosso</b>	13.00
Butternut squash sauce base, mushrooms, pistachios, broccoli florets, cherry tomatoes, rocket and truffle oil	

## Allergy advice

Please note that we cannot guarantee that any of our pizzas are free from nuts

*10% service charge will be added to your bill*



# evening

## Starters

<b>Grilled broccoli and broad beans</b> served with a tomato & olive salsa, topped with hemp seed and fennel shavings	7.00
<b>Grilled asparagus with a palm heart salad</b> served with a red pepper sauce	8.50
<b>Raw broccoli rice</b> with a vegetable carpaccio, avocado mousse and a basil & lime dressing	7.50
<b>Tea-smoked aubergine</b> served with avocado and spinach salad	7.00
<b>Nachos to share</b> Homemade tortilla with salsa, guacamole and a tofu garlic mayo	13.00
<b>Vegan Express Deli Board</b> BBQ grilled tempeh and seitan salami, grilled tofu, sweet potato fries, fried plantain and crispy onion rings, served with spicy coconut cream, guacamole and a hot chili salsa	16.00

## Mains

<b>Sliced black-eyed bean loaf</b> served on a polenta round, with a spinach and red pepper ratatouille and a red wine reduction	14.00
<b>Grilled tandoori tofu</b> served with French beans, sun-blushed tomato & bulgur wheat and a mango & papaya salsa	14.50
<b>Grilled Portobello mushroom</b> served on a beef tomato slice with homemade crusted cashew mozzarella and a pistachio sauce	13.50
<b>Stuffed aubergine</b> with summer vegetables topped with cauliflower mozzarella herb crust served on a bed of pesto orzo	13.50

## Sides

Pan-fried summer green vegetables	3.50
Tomato, red onion and raw carrot noodle salad	3.50
Hummus & olives with homemade flatbread to share	6.50
Triple cooked chips	3.50
Mixed leaf salad	3.50
Sweet potato fries	3.50
Fried plantain	3.50

## Desserts

Raw chocolate torte with runny soya cream	6.50
Sticky toffee pudding and toffee sauce	5.50
Passion fruit cheesecake	6.50
Fruit salad	5.50



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